



Indian Association of Physiotherapists Women Cell  
1st National Conference

# Award Categories

On the Occasion of the 1st National Conference of the Indian Association of Physiotherapists Women Cell, the following award categories are announced to recognize and appreciate the extraordinary achievements and contributions of many members. This Award ceremony is an effort to acknowledge their tireless dedication, passion, courage, and hard work and to inspire and encourage the young members who walk in their footsteps. The different categories are:

## 1. *Lifetime Achievement Award (Mary Mc Millan Award):*

The lifetime achievement award with Mary Mc Millan, mother of Physical Therapy, is of the highest honor and respect. This award marks and recognizes the recipient's consistent professional excellence, continued contributions to the profession, achievements in different aspects, and support and guidance to the younger generation.

### Criteria for selection include (but are not limited to):

- IAP life member with at least 20 years of experience.
- Significant contributions to the profession and society with high standards of scientific publications nationally/internationally/chapters/ books/ innovations.
- Achievements on the clinical or academic front.
- Guidance and support for other members of the profession.

## 2. *Service to the Profession (Advocacy):*

Bringing about change with leaps and bounds of growth in the profession of Physiotherapy has not been an easy journey. Many members contributed to setting up guidelines, policies, and regulations. They put many hours of work into advocating for and upliftment of the profession in addition to their jobs and personal lives. For the first time, this award is for the woman who took that extra time, effort, and thought away from their families and clinics and worked to serve the profession. (Eg: office bearers in a difficult area, the effort put in to form and motivate a new team, putting forth requests to the government, etc.).

### Criteria for selection include (but are not limited to):

- IAP member with 15 or more years of experience.
- Significant contributions which benefitted the profession.
- Achievements in the Research/ Clinical/ Academic front.
- Team leaders/office bearers with passion for the profession.





### 3. *Remarkable Contribution to the Profession:*

From the term 'Reconstruction Aid' to 'Doctor of Physical Therapy', the profession has been increasing its scope of practice in newer areas. Many professionals have pushed the limits and widened the areas of practice by innovating techniques, protocols, and practice methods. This award is presented to women who embraced uncertain new frontiers and excelled in the area. (Example: Pelvic health physiotherapy, etc)

**Criteria for selection include (but are not limited to):**

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- IAP member with 15 or more years of experience.
- Significant contributions to the profession in the newer areas of practice.
- Achievements in the Research/ Clinical/ Academic front

### 4. *Woman of Passion (Entrepreneur):*

Starting and running a successful and independent clinical practice requires passion and excellence in many areas, including management and administration in addition to clinical excellence. Many women have not only started with independent clinical practice employing many others but also scaled it to new heights with creativity and effort. This award recognizes the achievements of successful women entrepreneurs who have scaled new heights in clinical practice.

**Criteria for selection include (but are not limited to):**

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- IAP member with 15 or more years of experience.
- Significant achievement in independent clinical practice and service to society.
- Achievements in the Research/ Clinical or Academic front.
- Success stories and high patient satisfaction scores

### 5. *Woman of Achievement:*

Women of Achievement honours leaders in our community who motivate us with their example of determination, generosity, and courage. This award is for the woman physio who went out of their way to succeed in the national or international arena with their speeches, projects, presentations, or showcasing of any other talent.

**Criteria for selection include (but are not limited to):**

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- IAP member with 10 or more years of experience.
- Achievement in clinical/ academic/ research papers/presentations/dance/ singing etc.
- Achievements in the Research/ Clinical or Academic front.
- Members with special talents (such as dance, singing, performing arts, etc.).

## 6. Inspiring Leader in Physiotherapy:

The Inspiring Leader Award recognizes a woman in the Physiotherapy field who embodies the highest values, by being a professional success and a person of Integrity who has paved the way for those coming up behind her with her guidance, encouragement, and support. Over ten years in the industry.

### Criteria for selection include (but are not limited to):

- 10 years plus experience
- Strong leadership skills
- Respected (by all levels)
- Committed to personal growth.
- Lead Teams in Academic/ corporate/ Research settings

## 7. Woman Pioneer of Physiotherapy:

The Pioneer Award is presented to one distinguished woman Physio, who by their achievements either in the clinical/ academic or research in Physiotherapy, has contributed uniquely by addressing and solving the community issue or its needs. Has worked on and for the upliftment of a specific cause or condition of the patient (Physios working with Special needs children, not only as a Physio but also advocating their rights, etc.).

### Criteria for selection include (but are not limited to):

- 5 years plus experience
- Passion to improve the quality of life of patients.
- Respected (by all levels)
- High standards of work in clinical/ academic/ research settings

## 8. Exceptional service:

This award is presented to recognize the contributions of Physios who are engaged in outreach and service in Social and community work. Physios who have set up NGOs or working in such organizations volunteer their time for underprivileged populations to give them the benefit of Physiotherapy who otherwise may not afford such services. Physios who happily provide pro bono services.

### Criteria for selection include (but are not limited to):

- 10 years plus experience
- Passion to improve the quality of life of patients.
- Respected (by all levels)
- Involved in Pro bono or volunteering work.
- High standards of work in clinical/ academic/ research settings.



## 9. Woman Icon:

Icons are famous people considered the face of a set of beliefs or values. The Women Physio Icon Award will be presented to recognize women physios who have faced a difficult situation in their professional life but, with their strength and determination, have turned it around and converted a crisis into an opportunity for their patients/ students or self. This award marks courage, bravery, and strength to move forward, which Physiotherapists stand for.

### Criteria for selection include (but are not limited to):

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- At least 5 years of experience.
- Passion to improve the quality of life of patients.
- High standards of academic and clinical practice.

## 10. Influencer (Impact on Society):

An Influencer is someone who has the power to affect and influence the decisions of others and establish themselves as experts in the area of their interest and knowledge. Content created by qualified Physios in social media is educative and helps the patients and students stick to the home programs. Online tutorials, reels, and clips have to be verified, and this is a time taking process. The Influencer Award is for a woman physio who uses the social media platform to help patients.

### Criteria for selection include (but are not limited to):

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- At least 5 years of experience.
- High standards of academic and professional practice.
- Correctness and relevance of the educational content posted.
- The number of patients or followers educated.

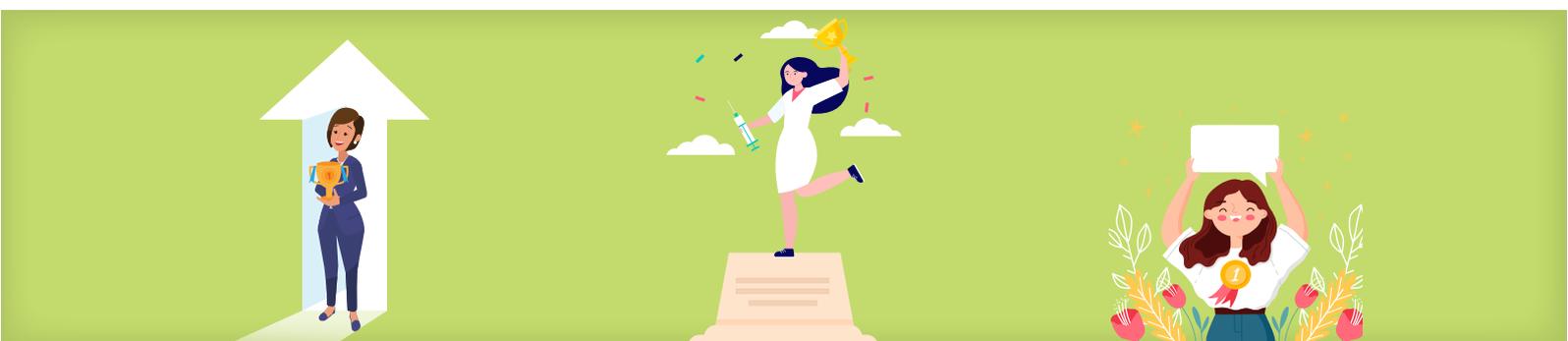
## 11. Rising Star:

The Rising Star Award is intended to recognize an emerging leader in the profession whose record reflects ongoing and exceptional growth in contribution to the profession and increased levels of leadership, responsibility, and sphere of impact. The achievements can be in academic, clinical practice, or research.

### Criteria for selection include (but are not limited to):

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- 5 years plus experience
- Passion to improve the quality of life of patients.
- Respected (by all levels)
- Committed to personal growth.
- Lead Teams in Academic/ corporate/ Research settings
- Achievements as a leader



## 12. Outstanding Woman Physio:

The Outstanding Achievement Award recognizes meritorious and outstanding achievement in different areas of the profession. In academic/research or clinical practice.

**Criteria for selection include (but are not limited to):**

- 5 years plus experience
- Passion to improve the quality of life of patients.
- Committed to personal growth.
- High standards of academic and professional practice

## 13. Woman of Excellence (Academics/Clinical/ Research):

Excellence is the uncompromising and consistent maintenance of the highest standards to attain the best outcomes in clinical practice/academics/ research. Excellence comprises an eye for detail and achieving exceptional results in different metrics to reach the desired outcomes. The Woman of Excellence Award in Academics/ Clinical Practice/ Research) recognizes the members who are the torchbearers of the profession.

**Criteria for selection include (but are not limited to):**

- 10 years plus experience
- Passion to improve the quality of life of patients.
- Respected (by all levels)
- Committed to personal growth.
- High standards of work in clinical/ academic/ research settings.



### *Please Note:*

- Self-nomination is not accepted.
- Nomination can only be done by Senior members of the profession (at least 20 yrs of experience)/ IAP CEC/ IAP/ IAPWC office bearers.
- All Award applicants must be members of the Indian Association of Physiotherapists or students of IAP member Colleges.
- Awards applications are to be sent through the Google form.
- All supporting documents, including letters of recommendation, should be attached and emailed to [iapwcon2023@gmail.com](mailto:iapwcon2023@gmail.com)
- The final decision on Awards will be made by the IAP Central Executive Committee and Organizing Committee of IAP

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